Avera Friday Forum-Attend to Succeed:
When Does Worry Become School Avoidance?

11/03/2023 to 12/03/2023

Enduring Material

Purpose:

We recognize the need for ongoing education on behavioral health topics for disciplines who provide care to children and adolescents. This educational session is specially designed to educate Nurses, Counselors, Social Workers, and other disciplines who work with children and adolescent youth, particularly in the school setting, on behavioral health topics. This session will focus on responding to our children and how to support children experiencing stress and anxiety.

Objectives:

1 Discuss the factors that affects the mental health of children and adolescents.
2 Describe interventions used when working with a child or adolescent with a mental health condition
3 Describe characteristics of effective strategies used to work with mental health of children and adolescents.
4 Recognize two types of worry a child or adolescent may experience.
5 Review the negative reinforcement cycle and how to relay this to parents
6 Discuss how a multidisciplinary approach can support the mental health needs of youth support
7 Describe how collaboration among mental health professionals can lead to safe and reliable care.

Target Audience:

Nurse - RN, Social Worker, Counselor / Therapist

For successful completion:

- Watch video
- Read Journal Article
- Complete post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.
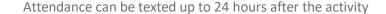
Continuing Education Credit Designation(s)

This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credits for learning and change.

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER   Attendance can be texted up to 24 hours after the activity

Avera✚

Social Work: As a Jointly Accredited Organization, Avera is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.00 General continuing education credit(s).

Counselors, Marriage and Family Therapy (SD Board of Examiners): Avera is a recognized provider of continuing education, for all counseling related content, for the South Dakota Board of Examiners for Counselors and Marriage and Family Therapists. Social Workers will receive 1.00 continuing education clock hour(s) for participating in this course.

Additional Information:

Feedback person for this educational activity is: paige.goldade@avera.org, amber.reints@avera.org

Enduring Material available from 11/03/2023 to 12/03/2023

- This course content was reviewed on 10/18/2023

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Paige Goldade, BSN, Clinical Nurse Educator	Lead Planner	Nothing to disclose
Wallace Jackmon, PhD, LP	Faculty	Nothing to disclose
Amber Reints, CNP, Nurse Practitioner	Content Expert - Committee Member, Lead Planner	Nothing to disclose
KELSEY SJAARDA, Social Worker	Committee Planning Member	Nothing to disclose
Alison Rollag, BA, Educator	Content Expert - Committee Member	Nothing to disclose